

SHARING REBATES ON DIABETES MEDICINES COULD SAVE PATIENTS IN MAINE \$10.6 MILLION A YEAR*

\$791 SAVED PER PERSON PER YEAR SHARING 100% OF REBATES WITH PATIENTS REDUCES OUT-OF-POCKET COSTS ON DIABETES MEDICINES BY 40%



Reducing out-of-pocket costs for diabetes medicines IMPROVES ADHERENCE AND LOWERS COSTS by preventing diabetes complications.

IMPROVED ADHERENCE COULD MEAN 1 MILLION FEWER HOSPITAL VISITS A YEAR IN U.S. AND BENEFITS:



PEOPLE WITH DIABETES

By reducing costs at the pharmacy and overall health risks



EMPLOYERS

By reducing disability, sick days, and medical spending



HEALTH PLANS

By reducing medical services use and overall spending

SAVINGS IF ENTIRE REBATE	MEDICAL AND NET DRUG SAVINGS (2018 \$US)			
SHARED WITH PATIENTS	TOTAL SAVINGS	SAVINGS FOR PATIENTS	SAVINGS FOR HEALTH PLANS	
Annual Per Person Savings	\$884	\$791	\$93	
Average Annual Savings for Full Population	\$11.9 Million	\$10.6 Million	\$1.2 Million	

REDUCED HEALTH SPENDING FROM BETTER OUTCOMES MORE THAN OFFSETS INCREASED HEALTH PLAN SPENDING ON DRUGS WHEN REBATES ARE SHARED.

TO LEARN MORE ABOUT THE COST OF CHRONIC DISEASES FOR PEOPLE LIVING IN YOUR STATE, VISIT WWW.FIGHTCHRONICDISEASE.ORG/PFCD-IN-THE-STATES

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Sources: CDC, US Diabetes Surveillance System, Adults with Diabetes, Total, 2016. (March 2018); Jha, A. K., Aubert, R. E., Yao, J., Teagarden, J. R., & Epstein, R. S. (2012). Greater adherence to diabetes drugs is linked to less hospital use and could save nearly \$5 billion annually. Health Affairs, 31(8), 1836-1846.

Due to rounding, numbers presented may not sum precisely to the totals provided.

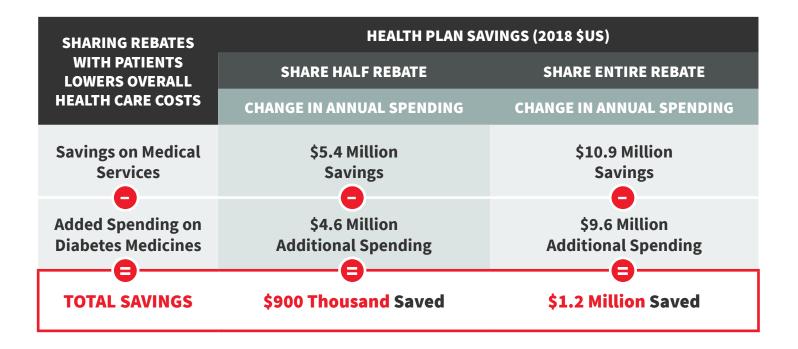
*Estimates included only the commercially insured adult diabetes patient population taking brand diabetes medicines. Rebates include steep discounts health plans & PBMs negotiated to save on brand medications. For more information on assumptions & methods, visit www.fightchronicdisease.org/pfcd-in-the-states



Sharing even half the rebates for diabetes medicines would save money for both health plans and people taking the medicines.

SAVINGS IF HALF THE	MEDICAL AND NET DRUG SAVINGS (2018 \$US)			
REBATE IS SHARED WITH PATIENTS	TOTAL SAVINGS	SAVINGS FOR PATIENTS	SAVINGS FOR HEALTH PLANS	
Annual Per Person Savings	\$442	\$377	\$65	
Average Annual Savings for Full Population	\$5.9 Million	\$5.1 Million	\$900 Thousand	

As adherence improves, health plans spend more on medicines for diabetes, but those costs are more than offset by reduced medical spending from preventing diabetes-related complications.



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