WHAT DO MENTAL HEALTH CONDITIONS COST STATES ON AVERAGE?

$69.7 BILLION
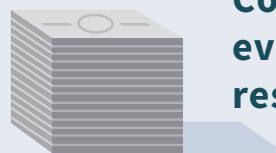
Average projected total cost of mental health conditions 2016-2030 on states.
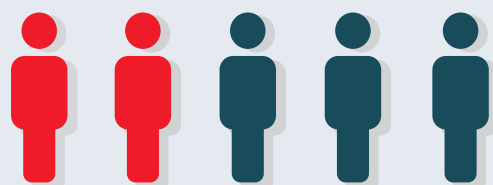
FightChronicDisease.org/NatAverage

$676

Cost per capita to every United States resident annually

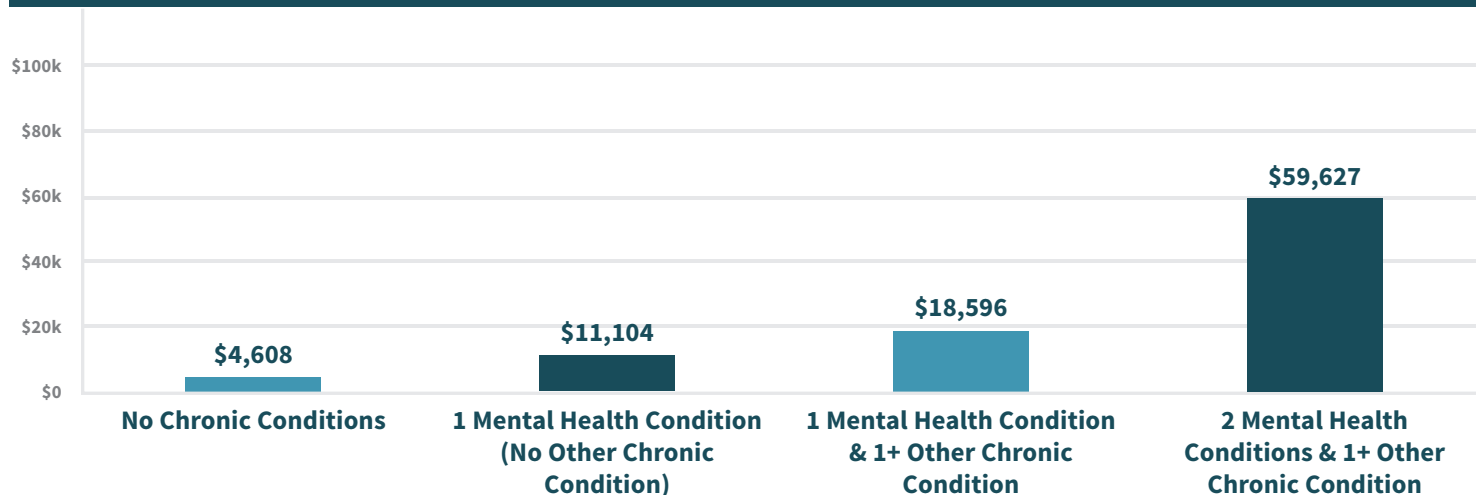## TOTAL COST = $67B IN MEDICAL + $2.7B IN SOCIETAL COSTS

Societal Costs: Lost productivity (state employees), additional jail time (inmates), & nursing home stays (Medicaid).
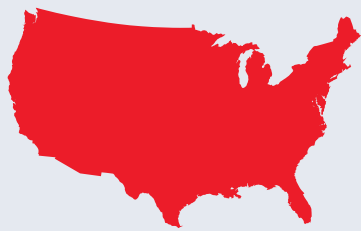
41% of adults covered by the states have at least 1 mental health condition. That equates to 15.9 million adults.

MEDICAID ADULTS: PER CAPITA SPENDING BY HEALTH STATUS

Having Multiple Chronic Conditions Dramatically Increases Medical Costs*

Health Status	Per Capita Spending
No Chronic Conditions	$4,608
1 Mental Health Condition (No Other Chronic Condition)	$11,104
1 Mental Health Condition & 1+ Other Chronic Condition	$18,596
2 Mental Health Conditions & 1+ Other Chronic Condition	$59,627

*Though mental health conditions are chronic conditions, for purposes of this graph mental health conditions are shown separately from other chronic conditions. Mental health conditions considered are depression, anxiety, bi-polar, and schizophrenia.

HOW MUCH COULD STATES SAVE ON AVERAGE?

$447 MILLION per year can be saved in medical and societal costs

x

15 YEARS

=

$6.7 BILLION

POLICY SOLUTIONS TO HELP ACHIEVE SAVINGS

+ Meaningful access to mental health services and innovative treatments

+ Better medication adherence

+ Early detection and timely access to care

+ Greater integration of behavioral health and traditional medical care

STATE OPPORTUNITIES TO SAVE INCLUDE

PRISON SAVINGS

SAVING $7.8 MILLION per year in extended jail time. That's the same as

203 FEWER YEARS OF PRISON

PRODUCTIVITY COSTS

REDUCING THE $71.2 MILLION a year in lost productivity among state employees with at least one mental health condition

LEARN MORE ABOUT THE CHRONIC DISEASE IMPACT:
FightChronicDisease.org/NatAverage